



## Referral Process

Referrals can be accommodated on a 24-hour basis. Referrals may be made by physicians, nurses, family members, clergy, nursing homes, social workers or others concerned about the welfare of an individual. Individuals may also inquire about the program on their own behalf.

The clinical staff of New Beginnings is pleased to offer free, confidential assessments for the purpose of determining need for mental health services and intervention. When indicated, we provide the appropriate referrals for treatment. Should treatment at New Beginnings not be a viable or desirable option, every effort will be made to match the individual with the most appropriate treatment alternative available.

*For more information, call  
New Beginnings Behavioral Health  
at (417) 448-3677.*



## New Beginnings Behavioral Health Services



Nevada Regional Medical Center  
800 South Ash  
Nevada, MO 64772  
(417) 448-3677  
[www.nrmchealth.com](http://www.nrmchealth.com)



## Concerned About Someone's Emotional Health?

Nevada Regional Medical Center recognizes that emotional health is essential to optimal well-being. Problems in many areas of life, such as personal relationships, physical health, self-confidence and various other areas can impact and tax a person's ability to manage without professional support. While coping with these issues can be overwhelming, hope is available.

**We know and understand Behavioral Health. Left untreated, mental health issues can be devastating. If you feel someone you know could benefit from the services provided by New Beginnings Behavioral Health, please do not hesitate to call us for more information.**

*"Today is the first day  
of the rest of your life."*

## The Program

New Beginnings Behavioral Health offers two individual programs that are medically supervised and tailored to meet the individual needs of adults requiring mental health support.

### Inpatient Program

The Inpatient Program is available for adults ages 18 and over who are in need of acute psychiatric treatment. It focuses on stabilization and maintaining health and safety which enhances the patient's skills and resources to foster independence, self-confidence and self-reliance.

Specific services that may be provided include:

- Assessments
- Crisis Stabilization
- Family Therapy
- Group Psychotherapy
- Individual Therapy
- Medication Management
- Psychiatric Evaluations
- Psychological Testing
- Patient Education

### Structured Outpatient Program

- The Structured Outpatient Program is designed for Senior Adults ages 55 and over who are experiencing grief, persistent worries, loss of enjoyment, fears, irritability, avoidance of social contacts, sleep disturbance, significant life changes or other related problems. The program may also be utilized at times by adults under the age of 55 if deemed appropriate. This is a less restrictive, more flexible alternative to inpatient treatment, but offers a more structured and intense treatment program than periodic outpatient therapy. The program provides treatment for people who are able to remain in the community but require frequent support and stabilization. It also serves as an important transitional resource between discharge from inpatient care and reintegration into full community life.